



The Sacred Heart of the Matter



Our Mission

In the context of a Catholic community, Sacred Heart Grade School strives to help students fulfill the potential of their God given talents and abilities by guiding them to develop themselves spiritually, intellectually, physically, emotionally, aesthetically, and socially.



IN THIS ISSUE:

DRESS DOWN DAYS	2
MARCH WV HEALTH RIGHT ARTS EXTRAVAGANZA	
UNIFORM GUIDELINES PRESCHOOL PROFESSIONAL DEVELOPMENT MAP GROWTH SCORES	
IMPORTANT REMINDERS SHGS AT POWER PARK KINDERGARTEN ROUND UP THANK YOU!	3
CONDOLENCES	3
MARCH CALENDAR	4

Charleston, WV ~ Sacred Heart Grade School ~ March 2020

Dear parents and students,

With Lent beginning, there have been many conversations in our school about what we should give up for Lent. In recent years, we have concluded each school day during Lent with a prayer about fasting. This prayer is not about fasting from food. Instead, it is about fasting from acts that are not healthy for us: fasting from judgment, from discontent, from complaining, and from worry. The prayer calls us to feast on healthy actions such as understanding, gratitude, appreciation, and hope.

Through recent conversations, I have become aware of another practice that could be added to this Lenten prayer: fasting from perfection. From time to time I have conversations with children who have fallen short of some type of goal or expectation: sometimes academic or athletic, sometimes behavioral or social. In these conversations, I always emphasize to the child that we are all learning, and when we make a mistake or fall short it is important to get up, make adjustments from what we have learned, and keep trying.

You might be surprised to know how often I talk to a child who is very upset about falling short of an expectation because he or she feels the need to be perfect: "I need to *always* have all As." "I need to *never* make a mistake in a game." "I need to *never* do something wrong in class." While some might think that the pressure to be perfect makes our children more likely to be perfect, it can unfortunately backfire.

With a drive to be perfect also comes the fear of making mistakes, and therefore the fear of taking chances. With all of our talk of growth mindset this year, we know that in order to grow and learn we must take chances, and we know that we will make mistakes. In doing so, we might feel uncomfortable and sometimes we will fall short of our goals. It is in these moments, though, that we can learn and discover new things. It is in these moments that we grow.

Our school has a well documented history of excellence. Excellence is what I encourage our students to strive for. Vince Lombardi said "Perfection is not attainable, but if we chase perfection, we can catch excellence." We cannot pursue excellence if we are afraid to take chances for fear of discovering we are not perfect...we already know we are not perfect. Our goal should be to be our best selves and to be excellent in all we do.

I ask you to consider the idea of fasting from perfection and feasting on excellence as we enter this holy season. When our children see that we will support them throughout their successes and challenges- academic, social, athletic, artistic, or behavioral- they will learn from their mistakes and gain the courage and confidence to continue to try their best without fear, striving for excellence in all they do.

In peace,
Susan Malinoski

CONGRATULATIONS!

*To all of our SHGS church league basketball players, coaches, and parents on a successful season full of fun and learning together as a team!

*To the Sacred Heart church league girls and boys basketball teams who won the CCRA Elementary Girls & Boys Division Championship!

Team members on the girls team: Lauren Chapman, Callie Goetz, Eden Niewierowski, Lily Seagle, Gia Shawkey, Molly White, and Ali Wilcox

Team members on the boys team: Peter Basdekis, Kai Haley, Aidan Hemphill, William Fredeking, Evan Griffith, Charlie Johnson, Chase Noland, Clayton Smarr, and Gavin Rohrig

*To Eden and Carter Niewierowski on the birth of their baby sister, Sophie!

*To Jocelyn Campbell on the birth of her new baby sister, Aubriella Rose!

Follow us on Twitter @SacredHeartGS or text "follow SacredHeartGS" to 40404 to receive text updates. Visit the Sacred Heart Grade School website shgs.us for news and information. Remember to follow us on Instagram sacred_heart_grade_school and like our page on Facebook





DRESS DOWN DAYS



Wednesday, March 4	March Dress Down Day
Thursday, March 19	Happy Spring! Dress Down Day
Wednesday, March 25	Day of Giving t-shirt dress down day



WV HEALTH RIGHT in MARCH



During the month of March, we will be accepting donations of **combs, diapers, and baby wipes**. Thank you for your continued support of this project!



ARTS EXTRAVAGANZA



Mark your calendars for the 3rd SHGS Arts Extravaganza on **April 28, 6:00-7:00 pm** in the SHGS gym! This evening will feature a concert by our 4th and 5th grade strings students, songs from our choir, a variety of artwork from SHGS students, as well as light refreshments and a sampling of items from Buzz Foods in preparation for PVA's May Buzz Food Fundraiser.

UNIFORM GUIDELINES

Upon returning from spring break on **April 14**, students may begin wearing their uniform shorts. Since they are growing so fast, please take a moment and double check their shorts...and all uniform pieces. **Remember that our uniform policy requires that shorts, jumpers, and skirts be knee length.** Also, please be sure that socks have no logos or designs, and that they can be easily seen. Your support is appreciated!

PRESCHOOL PROFESSIONAL DEVELOPMENT DAYS

Please note that **preschool classes** (Tiny Hearts, ECE, Pre-K) **will not meet on April 2-3**. Preschool teachers will be attending professional development sessions on these days.

WINTER MAP GROWTH SCORES

Student MAP Growth scores from the second testing window will be sent home with third quarter report cards on **Friday, March 27**.



IMPORTANT REMINDERS

Lunch Bill Payments: Please call the school office if you experience any problems with your monthly lunch bill delivery. The continued success of our lunch program and the expansion of offerings is dependent on the timely payment of lunch bills. Thank you for your continued attention to this matter. Questions about lunch bill payments may be directed to Mrs. Jarrell.

Communication via social networking, including REMIND, does not take the place of official office notification. Communication with the SHGS office should be in writing or by phone.



SHGS DAY at POWER PARK!



Mark your calendars now for SHGS Day at Power Park on **April 26!**
Come out and join the whole SHGS family for a day of baseball, food, singing, and fun!
Tickets will be \$2 per person and the party deck is reserved for SHGS families!
Watch for more details in backpack mail soon!

KINDERGARTEN ROUND-UP

Kindergarten Round-Up will be **Tuesday, April 28.**
This day is set aside for our rising Kindergarteners to visit the kindergarten classrooms,
participate in learning activities with the K-Team,
and have vision, hearing, and speech screenings.
Please note that **regular kindergarten classes will not have school on this day.**

THANK YOU!

To our basketball referees, organizers, and coaches for a successful season of learning the game, being a team, and sharing the love of basketball!

To Mrs. Katie Feola, our 5th grade student helpers, Ms. Inghram, Mrs. Olian, Mrs. Gilmore, Mrs. Mullen, Mrs. Kurten, and our parent volunteers for another fantastic Mardi Gras celebration!

To Mrs. Donna Becher who shares her musical talent with us each Friday at mass!

To Mr. Bernard DiGregorio for his expertise in musical instruction throughout the year in our 4th and 5th grade Strings Program!

CONDOLENCES

To Mrs. Rachel Carr in the loss of her mother.
To Mrs. Patti Corbett in the loss of her mother-in-law.

We pray that in this time of loss, you will feel God's love and find comfort in the presence of the Lord.





MARCH



Wednesday, March 4	PVA Uniform Sale, 7:30 a.m. and General Meeting, 8:00 a.m. March dress down day and birthday lunch
Friday, March 6	Liturgy 2B
Thursday, March 12	1st grade Golden Friends lunch, 12:20 p.m.
Friday, March 13	Liturgy 1B
Thursday, March 19	First Day of Spring Dress Down Day
Friday, March 20	End of 3rd nine weeks
Wednesday, March 25	Day of Giving t-shirt dress down day
Friday, March 27	Liturgy 2A Report card day MAP Growth scores sent home Popcorn sale
Monday, March 30- Thursday, April 2	Day of Giving goal dress down week
Wednesday, April 1	PVA Uniform Sale, 7:30 a.m. and General Meeting, 8:00 a.m. April dress down day and birthday lunch
Thursday, April 2	Reconciliation grades 2-4
Friday, April 3	Liturgy 4B 5th grade retreat
Monday, April 6- Monday, April 13	Easter Break
Tuesday, April 14	Classes resume Uniform shorts may be worn

